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| |  |  | | --- | --- | | **February** | | | **NOTES:** | | | **Feb 14** | Valentine's Day | |  | **每週一、三、五** | |  | **新生兒科醫師巡診** | |  | **每週二或四** | |  | **婦產科醫師巡診** | |  |  | | **2021** | | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** | |  | **1 11：00** **認識嬰兒發展及行為狀態 莊宜儒講師/賴貞玲護理師** | **2 14：00** **產後產婦身體恢復~母子同樂李長殷主任** | **3** | **4** | **5 11：00**  **親子音樂律動王苡靜護理師15：00** **產後身體清潔王苡靜護理師** | **6 17：00 情人節活動-愛的告白 陳淑端嬰兒保母** | | **7 14：00** **母乳皂製作(文康活動)**  **賴貞玲、陳怡婷護理師/方慧安嬰兒保姆** | **8 15：00 產後身體清潔陳苡婕講師/蔡靜葦護理師** | **9 14：00 產後身體恢復~中醫Q&A~ 李長殷主任** | **10** | **11** | **12** | **13 15：00 認識新生兒黃疸 蔡靜葦護理師** | | **14** | **15** | **16 14：00 中醫調養，產後恢復~遙迢又美麗** **李長殷主任** | **17** | **18 15：00** **自信媽咪一把罩~談寶寶副食品添加** **陳維婕營養師/鄭詩萍護理師** | **19 11：00 大家一起來 產後運動 趙嘉豪講師/護王瀞玉理師** | **20** | | **21 15：00**  **寶寶拼圖桌遊(文康活動)**  **蔡郁亭護理師** | **22 15：00** **嬰兒安撫技巧(嬰兒按摩) 王苡靜護理師** | **23**  **14：00**  **產後身體恢復~中醫Q&A~**  **李長殷主任** | **24 14：00** **新生兒溢吐奶之預防及處理小兒科劉賢冠醫師/王苡靜護理師** | **25 15：00** **健康自信亮媽咪 ~產後營養~陳維婕營養師/鄭詩萍護理師** | **26**  **11：00**  **親子音樂律動**  **王瀞玉護理師** | **27** | | **28** |  |  |  |  |  |  | |